

Benefits of Counselling
may include:

Increased confidence
and self-esteem

Greater understanding
of yourself and the
choices you make

Experiencing a stronger
sense of purpose in
your life

Dealing effectively
with change

Increased confidence
In decision making

Counselling
could
help
you find
greater
balance
in
your
life

Counselling

Anne McCreanor
Counsellor
BA (Hons)
Dip. Counselling and Supervision

For an appointment
please telephone:

Courtyard
Natural Therapy Centre
Heritage Courtyard
17a Sadler Street
Wells BA5 2RR

01749 673070 (Day)
or
01458 834673 (Home)

Counselling may be able to help with many issues, including the following:

Relationship Difficulties

Life Changes

Anxiety

Loss and Bereavement

Stress

Crisis

Health Problems

.....and many more

Confidentiality

Anne provides a non-judgemental and confidential counselling service.

This provides an environment where, together, you can explore any difficulties which you may be experiencing.

Initial Consultation

If you would like to talk to Anne prior to deciding if counselling is for you, please call to make an appointment for a free 15 minute consultation.

About the Counsellor

Anne is a qualified counsellor and a member of the British Association of Counsellors and Psychotherapists. As a member of the BACP, she is bound by their Codes of Ethics and Practice.

Fees:

Fees are £45 for each session.

(However, a limited number of places are available for low/unwaged clients)